

# One Word Promise

**I promise** to live out my One Word with commitment and intentionality this year.

When I live out my One Word, **I will** become a positive force in the world and make a greater impact.

**I will** use my One Word as a filter to provide laser-like focus and to help me live with power, purpose, and passion.

**I expect** to be impacted in all areas of life – spiritual, physical, mental, emotional, relational, and financial.

**I believe** that my One Word may change my circumstances, but it will change my character.

**I will** invite my Stretch Team of friends and family to challenge and encourage me on my One Word journey.

**I will** keep my One Word front and center by posting it in prominent places.

When experiencing challenges, **I will** use my One Word as an opportunity to learn and grow.

By living my One Word, **I will** discover God's best for my life.

**I believe** that my One Word will not only impact me, but more importantly it will impact those around me.

**I will** ask God each day, "What do You want to do in me and through me this year?"

Throughout the year, **I will** celebrate all that I have experienced, learned, and discovered.

**I believe** my One Word will shape and mold me to become the person I am meant to be and to leave the legacy I am meant to leave.

[www.GetOneWord.com](http://www.GetOneWord.com)

